

Yo San University of Traditional Chinese Medicine COVID-19 Safety Policy

Updated January 29, 2024



All students, faculty and staff are strongly encouraged to familiarize themselves with the following YSU policies related to COVID-19 safety and public health measures.

Face Mask Requirements on Campus

Masks are not currently required on campus, including in the Blount Community Clinic.

Masks are available upon request in the Blount Community Clinic, 3rd floor Administration Office, and Library.

YSU COVID-19 Notification Policy

All students, staff, and faculty are asked to report if they develop symptoms or test positive for COVID-19 by contacting studentaffairs@yosan.edu. Reporting helps to ensure the safety of the campus community through contact tracing, as well as provide important information and resources to the affected individual.

YSU COVID-19 Exposure Policy

Based on current CDC, California Department of Public Health, and Los Angeles County Department of Public Health (LACDPH) guidelines, YSU adopts the following policies for all students, faculty, and staff who have had exposure to a confirmed case of COVID-19:

Exposure or close contact is defined as sharing the same indoor airspace with the infected person for 15 minutes or more over a 24-hour period. This applies to classrooms, clinic rooms, offices, and other similar-sized spaces. For large indoor airspaces, such the building lobbies, those considered exposed may be limited to those within 6 feet of the infected person for 15 minutes or more over a 24-hour period. NOTE: Persons with an outdoor exposure are not considered close contacts.

Please see next page for exposure instructions.

If you were exposed to COVID-19 AND you have no symptoms, regardless of vaccination status:

Asymptomatic close contacts may remain on campus if they follow these requirements:

1. Monitor for symptoms
2. Wear a **highly protective mask** (N95, KN95, KF94) around others for 10 days after the last date of exposure
3. Get tested with an FDA-authorized viral COVID-19 test (PCR or Antigen test, including at-home tests) within 3-5 days since the last date of exposure.
 - a. NOTE: Asymptomatic student and staff close contacts who were previously infected with SARS-CoV-2 within the last 90 days are exempt from testing but must mask around others indoors for 10 days after the last date of exposure.

Please see next page for infection instructions.

YSU COVID-19 Infection Policy

Based on current CDC, California Department of Public Health, and Los Angeles County Department of Public Health (LACDPH) guidelines, YSU adopts the following policies for all students, faculty, and staff who become infected with COVID-19:

Calculating Isolation: Day 0 is your first day of symptoms or a positive viral test, whichever is a earlier. Day 1 is the first full day after your symptoms developed or your test specimen was collected.

If you tested positive for COVID-19 or have symptoms after exposure to COVID-19, regardless of vaccination status:

Isolate (Stay Home)

Stay home and away from others if symptomatic and/or with fever. While in isolation, follow the full isolation instructions to prevent spread to others.

Those with symptoms who are at higher risk for severe illness from COVID-19, should speak with a healthcare provider as soon as they test positive to determine eligibility for COVID-19 treatments that work best if taken within 5-7 days from when symptoms start.

A person may end isolation if both of the following criteria are met*:

Have not had a fever for 24 hours without taking medication that reduces fevers AND
Other symptoms are not present or are mild and improving.

It is strongly recommended that an individual test for COVID-19 prior to ending isolation and extend isolation until day 10 if they continue to test positive. Remaining in isolation can reduce the chance of unintentionally infecting another person with COVID.

People who continue to have symptoms of COVID-19 that are not improving must continue to isolate until their symptoms are improving or until after Day 10.

People who have left isolation and have their COVID-19 symptoms return or a worsen, should re-test (with an antigen test). If they test positive, they need to re-start isolation at Day 0.

Wear a well-fitting, high-quality respiratory mask

While in isolation, wear a well-fitting, high-quality respiratory mask if there is a need to be in the same room with others. Continue to wear a well-fitting, high-quality respiratory mask around others through Day 10. Those with COVID-19 and no symptoms shall wear a mask for 10 days when around others. This will reduce the chance of unknowingly spreading the infection to others.

Tell close contacts

Close contacts should be informed that they may be infected, so that they are aware and can take appropriate next steps to protect themselves and others within their community. Contact studentaffairs@yosan.edu and the university will notify all persons with whom you might have had close contact in classes, clinic, or otherwise.

General Guidelines

[COVID-19 Prevention and Response Guidelines for Education Settings](#)

[Recession of Required Masking of Workers in Healthcare and Direct Care Settings](#)

[Instructions for COVID-19 Cases \(Isolation\) and Close Contacts](#)