

Yo San University of Traditional Chinese Medicine COVID-19 Safety Policy

Updated November 10, 2023



All students, faculty and staff are strongly encouraged to familiarize themselves with the following YSU policies related to COVID-19 safety and public health measures.

Face Mask Requirements on Campus

Masks are not currently required on campus, including in the Blount Community Clinic.

Masks are available upon request in the Blount Community Clinic, 3rd floor Administration Office, and Library.

YSU COVID-19 Notification Policy

All students, staff, and faculty are asked to report if they develop symptoms or test positive for COVID-19 by contacting studentaffairs@yosan.edu. Reporting helps to ensure the safety of the campus community through contact tracing, as well as provide important information and resources to the affected individual.

YSU COVID-19 Exposure Policy

Based on current CDC, California Department of Public Health, and Los Angeles County Department of Public Health (LACDPH) guidelines, YSU adopts the following policies for all students, faculty, and staff who have had exposure to a confirmed case of COVID-19:

Exposure or close contact is defined as sharing the same indoor airspace with the infected person for 15 minutes or more over a 24-hour period. This applies to classrooms, clinic rooms, offices, and other similar-sized spaces. For large indoor airspaces, such the building lobbies, those considered exposed may be limited to those within 6 feet of the infected person for 15 minutes or more over a 24-hour period. NOTE: Persons with an outdoor exposure are not considered close contacts.

Please see next page for exposure instructions.

If you were exposed to COVID-19 AND you have no symptoms, regardless of vaccination status:

Asymptomatic close contacts may remain on campus if they follow these requirements:

1. Monitor for symptoms
2. Wear a **highly protective mask** (N95, KN95, KF94) around others for 10 days after the last date of exposure
3. Get tested with an FDA-authorized viral COVID-19 test (PCR or Antigen test, including at-home tests) within 3-5 days since the last date of exposure.
 - a. NOTE: Asymptomatic student and staff close contacts who were previously infected with SARS-CoV-2 within the last 90 days are exempt from testing but must mask around others indoors for 10 days after the last date of exposure.

CLINICAL PERSONNEL: Clinical personnel have no work restriction but must test negative upon identification (but not earlier than 24 hours after exposure) and if negative, test at days 3 and 5.

Please see next page for infection instructions.

YSU COVID-19 Infection Policy

Based on current CDC, California Department of Public Health, and Los Angeles County Department of Public Health (LACDPH) guidelines, YSU adopts the following policies for all students, faculty, and staff who become infected with COVID-19:

Calculating Isolation: Day 0 is your first day of symptoms or a positive viral test, whichever is a earlier. Day 1 is the first full day after your symptoms developed or your test specimen was collected.

If you tested positive for COVID-19 or have symptoms after exposure to COVID-19, regardless of vaccination status:

Isolate for at least 5 days

- Stay home for 5 days and isolate from others in your home.
- Wear a well-fitting mask if you must be around others in your home.

Ending Isolation

Isolation can end, and student/staff/faculty may return to campus after **Day 5 ONLY** if **ALL** of the following criteria are met:

1. No fever for at least 24 hours without the use of fever-reducing medicine, and
2. Other symptoms are not present or are improving

It is strongly recommended that an individual test negative (with an antigen test) for COVID19 prior to ending isolation between Day 6-10 to reduce the chance of infecting others with COVID-19.

If you got very sick from COVID-19 or have a weakened immune system

- You should isolate for at least 10 days.
- Consult your doctor before ending isolation.

Take precautions until at least day 10

- Wear a **highly protective mask** (N95, KN95, KF94) for 10 full days any time you are indoors or around others in public.
- Do not go to places where you are unable to wear a mask.
- Avoid being around people who are more likely to get very sick from COVID-19.

Do Not Travel

- Do not travel until a full 10 days after your symptoms started or the date your positive test was taken if you had no symptoms.

General Guidelines

[COVID-19 Prevention and Response Guidelines for Education Settings](#)

[Recession of Required Masking of Workers in Healthcare and Direct Care Settings](#)